

1993 Section 4AA Girls Championship at Stillwater on June 1st & 3rd

Teams: Coon Rapids 135, Mounds View 121, Stillwater 76, Irondale 64, Tartan 49, White Bear Lake 42, Centennial 39, Champlin Park 32, Spring Lake Park/St Anthony 32, Blaine 26, Hill-Murray 23, Anoka 13, North St Paul 11.

100

- 1 Andrea Budig, Cent 12.63
- 2 Carmen Richardson, Ir 12.65

200

- 1 Carmen Richardson, Ir 25.72
- 2 Andrea Budig, Cent 26.10
- 3 Jenni Porter, CP 26.13

400

- 1 Lena Simich, Tar 59.37
- 2 Chris Ankrum, Tar 60.69
- 7 Joey Kimball, Still 61.69

800

- 1 Kathleen Bahe, CR 2:21.50
- 2 Kelly Hudson, Still 2:23.50

1600

- 1 Kathleen Bahe, CR 5:15.46
- 2 Amy Maciasak, MV 5:22.10
- 4 Meagan Graham, Still 5:30
- 7 Carrie Palmer, Still 5:33

3200

- 1 Sarah Rowles, H-M 11:45.52
- 2 Renee Kinney, Still 11:51.27
- 3 Carrie Olson, CR
- 8 Kim Zemke, Still 12:09.9

100 Hurdles (33")

- 1 Erin Nygaard, CR 15.15
- 2 Shannon Pollnow, MV 16.02
- 7 Molly McKee, Still 16-6

300 Hurdles (30")

- 1 Janelle White, CR 45.06
- 2 Emily Carroll, WBL 46.78
- 5 Mandi Miller, Still 48.0

4x100 Relay

- 1 Coon Rapids 50.56 (Unwelling, Z Fanner,
E Stone, H Simonson)
- 7 Stillwater 52.0

4x200 Relay

- 1 Coon Rapids 1:44.62 (A Anderson, J White,
E Stone, H Simonson)
- 2 Champlin Park 1:46.50

4x400 Relay

- 1 Champlin Park 4:03.99
- 4 Stillwater 4:12.13

4x800 Relay

- 1 Mounds View 9:41.97
- 2 Stillwater 9:48.39

Shot Put

- 1 Jenny Hannula, Ir 38-8
- 2 Carrie Poser, MV 37-4.5
- 5 Carolyn Stolzmann, Still 35-1

Discus Throw

- 1 Jenny Hannula, Ir 118-4
- 2 Teresa Smith, Bla 113-4

Long Jump

- 1 Sarah Harvieux, Still 16-11
- 2 Zoe Fanner, CR 16-5

High Jump

- 1 Emily Erickson, Still 5-4
- 2 Tracy Podgorski, MV 5-3

Triple Jump

- 1 Karianne Wold, SLP/SA 35-6.5
- 2 Erica Butler, MV 35-2.5
- 6 Laura Winter, Still 34-1.5
- 8 Sarah Harvieux, Still 33-9.5

* Ties Meet Record

** New Meet Record

Notes: